Moving Checklist

A week-by-week plan from eight weeks out to the first week in your new home.

MOVING DAY

NEW ADDRESS

8 WEEKS BEFORE

- [ ] Decide on movers or a DIY truck, and get at least three written quotes
- [ ] Start a moving folder for quotes, contracts, receipts, and the inventory
- [ ] Declutter room by room: sell, donate, or toss what you won't move
- [ ] Measure big furniture and the doorways at the new place
- [ ] Request school and medical records, and book time off for moving day

6 WEEKS BEFORE

- [ ] Book the movers or truck and confirm the date in writing
- [ ] Order boxes, tape, markers, and labels (about 10 boxes per room is a start)
- [ ] Pack the things you rarely use: seasonal items, books, guest-room decor
- [ ] Number every box as you pack it and add a line to your inventory
- [ ] Check what your mover's valuation coverage or your insurance pays for damage

4 WEEKS BEFORE

- [ ] File a change of address with the post office
- [ ] Schedule utilities to stop at the old place and start at the new one
- [ ] Update your address with your bank, employer, insurance, and subscriptions
- [ ] Refill prescriptions and arrange pet or childcare for moving day
- [ ] Reserve elevators or parking at both homes if the building needs it

2 WEEKS BEFORE

- [ ] Pack room by room, labeling each box with its room at the new home
- [ ] Reconfirm the movers' arrival time and the new address
- [ ] Eat down the freezer and pantry, and return anything you've borrowed
- [ ] Take apart furniture and bag and label the screws and hardware

MOVING WEEK

- [ ] Pack an Open First box: sheets, towels, toilet paper, tools, chargers, snacks
- [ ] Pack a suitcase with clothes and toiletries for the first few days
- [ ] Defrost and clean the fridge and freezer a day before
- [ ] Set aside documents, valuables, and medicine to carry with you

MOVING DAY

- [ ] Walk the movers through and point out anything fragile
- [ ] Count the boxes onto the truck against your inventory
- [ ] Check closets, cabinets, the attic, and the garage before you leave
- [ ] Photograph meter readings and the empty rooms

AFTER THE MOVE

- [ ] Count boxes off the truck and note damage on the paperwork before signing
- [ ] Unpack the Open First box, then the kitchen and bedrooms
- [ ] Update your driver's license and car registration (deadlines vary by state)
- [ ] Report any loss or damage to the mover quickly and keep the photos

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MOVING DAY

NEW ADDRESS

YOUR OWN TASKS

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NOTES AND PHONE NUMBERS

Know what's in every box when you get there

Moving Box Tracker for iPhone prints a QR label for every box. Scan it to see what's inside, or search to find which box the coffee maker is in. Scan or tap the code, or visit movingboxtracker.com